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<b>Course Features</b>	
<p><b>MCA 8 hour – Competency in Elementary First Aid</b> (1 day course)</p>	
<p><b>Who should attend</b></p> <p>Individuals attending this course are involved in one or more of the areas listed below:</p> <ul style="list-style-type: none"> <li>• Private maritime operators/owners,</li> <li>• yacht clubs,</li> <li>• and smaller private vessels</li> </ul>	<p><b>DAY ONE</b></p> <p><b>Module Name – Radio Medical Advice</b></p> <ul style="list-style-type: none"> <li>• Describe what resources are available from a telemedicine service</li> <li>• Discuss how to access a telemedicine service from land, sea and air</li> <li>• Discuss how a telemedicine patch takes place</li> </ul> <p><b>Module Name: Overview of Anatomy and Physiology</b></p> <ul style="list-style-type: none"> <li>• Review of the major body systems and their functions</li> </ul> <p><b>Module Name – Travel health</b></p> <ul style="list-style-type: none"> <li>• Discuss common bloodborne pathogens</li> <li>• Discuss how bloodborne pathogens are transmitted</li> <li>• Discuss how to effectively contain and clean up a spill</li> <li>• Demonstrate proper removal of contaminated gloves</li> </ul> <p><b>Module Name – Adult CPR/AED</b></p> <ul style="list-style-type: none"> <li>• Discuss the principles of victim assessment</li> <li>• Explain the purpose of CPR and the indications for use</li> <li>• Demonstrate proper chest compressions and breathing during CPR</li> <li>• Describe ventricular fibrillation and its effects on the body</li> <li>• Discuss the rational behind prompt defibrillation</li> </ul> <p><b>Module Name – Adult FBAO</b></p> <ul style="list-style-type: none"> <li>• Discuss how to recognize a victim who is choking</li> <li>• Demonstrate proper relief techniques for a victim of Foreign Body Airway Obstruction</li> </ul> <p><b>Module Name: Maritime Medical Kits and Contents</b></p> <ul style="list-style-type: none"> <li>• Discusses MedAire's recommendations for kits</li> </ul>
<p><b>Prerequisites</b></p> <p>There are no prerequisites for this course. Note:</p> <ol style="list-style-type: none"> <li>1. All crew must have the Elementary First Aid (EFA) prior to working on a vessel</li> <li>2. Crew can only undertake the Medical First Aid following work at sea for 6months and in possession of an EFA certificate.</li> <li>3. Crew can only undertake a Medical Card Onboard course (5day) after 18months at sea.</li> </ol>	
<p><b>What course provides</b></p> <p>This 1-day, "MCA" approved course provides detailed information on how to handle a medical emergency in the challenging, remote maritime environment. Course curriculum includes an introduction Radio Medical Advice and Telemedicine Service (includes test patch to MedLink), an overview of anatomy and physiology, , travel medicine, protection from bloodborne pathogens and infectious disease through use of standard precautions, lecture and practicum in Basic Life Support (CPR) and use of the Automated External Defibrillator (AED), elementary first aid and medical kit review This course has been approved by the Maritime Coastguard Agency</p>	
<p><b>Learner objectives</b></p> <p>Upon completing this hands-on course, the learner will have:</p> <ul style="list-style-type: none"> <li>• Learning Basic Life Support (BLS) techniques - CPR</li> <li>• Use of the AED</li> <li>• Assessing medical emergencies and traumatic injuries</li> </ul>	

<p><b>What Learners Receive:</b></p> <ul style="list-style-type: none"> <li>• The Ship Captain's Medical Guide (1 per vessel)</li> <li>• Hazardous Marine Life (1 per vessel),</li> <li>• and upon successful completion of the course an American Heart Association Heartsaver AED or ERC course completion card and certificate of completion from MedAire, Inc</li> </ul>	<ul style="list-style-type: none"> <li>• Discusses oxygen and airway kits</li> <li>• Explains how to use the evac-u-splint management kit</li> </ul> <p><b>Module Name: Elementary First Aid</b></p> <ul style="list-style-type: none"> <li>• Review common medical emergencies, assessment and management.</li> </ul> <p><b>Module Name: Maritime Medical Kits and Contents</b></p> <ul style="list-style-type: none"> <li>• Discusses MedAire's recommendations for kits</li> <li>• Discusses oxygen and airway kits</li> <li>• Explains how to use the evac-u-splint management kit</li> </ul>
<p><b>How you will be measured</b></p> <p>Validation is done through testing and practice demonstrations</p>	
<p><b>What training aids/resources are needed for this course:</b></p> <p>Laptop</p>	